










Barlow C of E Primary School Autumn/Spring Term 2023-24 Menu - Week 2

w/c 13.11.23, 04.12.23, 08.01.24, 29.01.24, 26.02.24, 18.03.24

Childs Name					
	Monday 	Tuesday	Wednesday	Thursday 	Friday
Main Dish	Margherita pizza with baked potato wedges	Traditional cottage pie	Roast chicken with Yorkshire pudding, roast potatoes & gravy	Pork meatballs in tomato sauce with pasta	Crispy battered fish & chunky chips
Vegetarian Option		Quorn mince cottage pie			
Jacket Potato Option	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)
Panini Option 	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)
Accompaniments	 Bread plus seasonal vegetables or salad bar served daily to accompany every meal chosen. 				
Dessert OR	Bananas & custard 	Ginger biscuit 	Chocolate & orange muffin bun	Fruit sponge & custard 	Chocolate brownie 
Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt

Any dietary requirements

MENU

☐ Tick if you would like a paper copy of the menu sending home.

Fuel your afternoon with a healthy school lunch from Mellors

KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

