










Barlow C of E Primary School Summer/Autumn Term 2024 Menu - Week 2
w/c 15th Apr, 6th May, 3rd & 24th June, 15th July, 16th Sept, 7th Oct

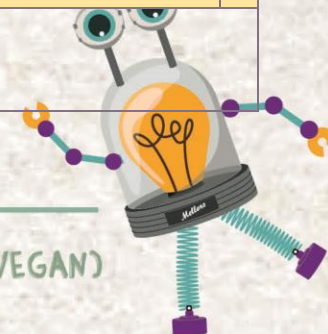
Childs Name					
	Monday 	Tuesday	Wednesday	Thursday 	Friday
Main Dish	Cheese & tomato squares with potato bites	Meatballs in pasta with a tomato sauce	Gammon with Yorkshire pudding & roast potatoes	Ham pizza with potato wedges	Fish of the day with chips
Vegetarian Option			Quorn fillet with Yorkshire pudding & roast potatoes	Cheese pizza and potato wedges	Veggie burger with chips
Jacket Potato Option	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)	Jacket potato with cheese, beans or tuna (circle up to 2 fillings)
Panini Option	Cheese or tuna mayo panini (circle 1 filling choice) 	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)	Cheese or tuna mayo panini (circle 1 filling choice)
Accompaniments	 Bread plus seasonal vegetables or salad bar served daily to accompany every meal chosen.				
Dessert OR	Chocolate cake & custard 	Rice pudding with jam 	Oaty chocolate cookie	Carrot cake 	Chocolate whip 
Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt

Any dietary requirements

MENU

Tick if you would like a paper copy of the menu sending home.

Fuel your afternoon with a healthy school lunch from Mellors



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)