

# St Wilfrid's Family Focus

10<sup>th</sup> May 2020 - Jesus calms the storm

Welcome to this week's Family Focus! A weekly opportunity for you to gather together as a family and spend some time with God. As usual there is a story to read, some things to wonder about, a song to sing and some suggestions for activities and prayer. Use them in whatever way works best for you. We pray that you will know that God is with you as you meet together today, wherever you are. Have fun!



## Story – Jesus calms the storm

This week's story is all about what happened to Jesus and his friends when they went out on the lake in a boat and Jesus fell asleep.

This story is in the Bible in Matthew 8 and Mark 4. If you have a book of bible stories, see if you can find it in there. Or you can listen to this great version of the story from "The Jesus Storybook Bible" by Sally Lloyd Jones, on YouTube.

<https://www.youtube.com/watch?v=UDL-U2bY4xI>





I wonder...

It is great to ask questions about Bible stories, and to wonder what God might be saying to us through them. Perhaps you could have a think and a wonder about some of these questions with other people in your family.

- O I wonder how Jesus' friends felt in the storm?
- O How you would have felt if you had been in the boat?
- O I wonder which part of this story you like best?
- O I wonder if there was a part that you didn't like?
- O I wonder what this story tells us about Jesus?
- O Does this story have a message for us today?

Life is very strange for us all at the moment. Just like Jesus' friends in the boat, we may feel like we are in the middle of a storm, being tossed about by the waves, by things that are out of control. We may wonder where Jesus is. This story helps us remember that, whatever is happening, Jesus is with us. We can trust that he is in the boat with us, looking after us, even if sometimes it doesn't feel like it. When we are feeling sad or scared, this story can give us hope that things will get better. The storm will not last forever.



## My Lighthouse by Rend Co Kids

<https://www.youtube.com/watch?v=itiB52mVJ9Y>

I included this song again because I love it so much. It reminds us that God is with always us. We can trust that he will help us.

## Our God is Greater by Chris Tomlin

<https://worshiptogetherkids.ignitermedia.com/products/48409-our-god-full-mix-video?ref=XPIfU6Yj6pOuN>

This is a great song too!



A prayer

Dear God,

Thank you that, whatever is happening in my life, you are always with me. Whenever I feel sad or worried about things, please help me to trust that you are there to guide me and to help me.

Amen



Activities

Make an origami boat

Can you make an origami boat and see if it will float on water? You could float it in the bath or in a bowl of water. Can you make waves in the water? Maybe you can retell the story using your boat. Follow the link below.

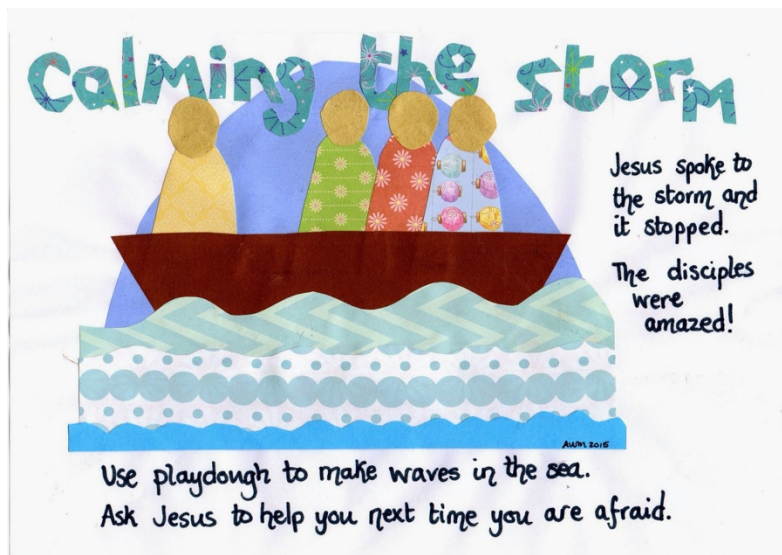
<https://www.easypeasyandfun.com/how-to-make-a-paper-boat/>



## Playdough board

Here is a playdough board. You can download it and print it out here.

<http://flamecreativekids.blogspot.com/2015/01/jesus-calms-storm-play-dough-mat.html>



The sun shines after a storm – a picture of hope.



Can you make a picture of the sun coming out after a storm?

You could paint a picture or even make a collage.

Jesus brings hope to world, like the sun coming out after a storm. As you make your picture, maybe you could think of your family and friends and people all around the world and pray for them.