

Barlow Primary School – Autumn Term 2020 Menu Selection – WEEK 1

(week commencing 7th & 28th Sept, 19th Oct, 16th Nov, 7th Dec



Child's Name: _____

Please tick the selected choice for each day, £2.65 per day, £13.25 per week.

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage in a homemade bun, tomato ketchup, chips, peas & coleslaw	Pasta Bolognaise with green salad & grated carrot, garlic bread	Roast chicken with sage & onion stuffing, roast potatoes, medley of vegetables, 50/50 bread	Beef tortilla boats with vegetable rice, broccoli & carrots, pitta bread	Battered Fish, chipped potatoes, peas & sweetcorn, wholemeal bread
OR	OR	OR	OR	OR
Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)
OR	OR	OR	OR	OR
Bread cake with: cheese/tuna/egg (Please circle one) served with chips	Panini (served hot) Cheese & tomato/cheese (Please circle one) served with salad	Bread cake with: cheese/tuna/egg (Please circle one) served with plain pasta	Bread cake with: cheese/tuna/egg (Please circle one) served with plain pasta	Bread cake with: cheese/tuna/egg (Please circle one) served with chipped potatoes
Sponge cake & custard	Chocolate orange muffin	Oat cookie	Jelly and ice-cream	Cheese and crackers
OR	OR	OR	OR	OR
Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)
OR	OR	OR	OR	OR
Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch

Any special dietary requirements: _____

Please tick the box if you would like a copy of the completed menu to be returned home.