

Barlow Primary School – Autumn Term 2020 Menu Selection – WEEK 3
(week commencing 21st Sept, 12th Oct, 9th & 30th Nov, 21st Dec)



Child's Name: _____

Please tick the selected choice for each day, £2.65 per day, £13.25 per week.

Monday	Tuesday	Wednesday	Thursday	Friday
Beefburger in a homemade bun, chips, green beans & sweetcorn, bread	Chicken fajitas, vegetable rice, broccoli & carrots, naan bread	Savoury beef & dumplings, creamed mashed potato, carrots & peas, wholemeal bread	Roast pork with homemade apple sauce & gravy, potatoes, peas & sweetcorn, bread	Salmon & sweet potato fishcake, potato wedges, baked beans & tomato salad, 50/50 bread
OR	OR	OR	OR	OR
Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)	Jacket potato with: beans/cheese/tuna (Please circle one)
OR	OR	OR	OR	OR
Bread cake with: cheese/tuna/egg (Please circle one) served with chips	Panini (served hot) Cheese & tomato/cheese (Please circle one) served with plain pasta	Bread cake with: cheese/tuna/egg (Please circle one) served with plain pasta	Bread cake with: cheese/tuna/egg (Please circle one) served with plain pasta	Bread cake with: cheese/tuna/egg (Please circle one) served with potato wedges
Lime drizzle cake	Sweet pizza with ice-cream	Chocolate crunch	Cheese & crackers	Fruit salad
OR	OR	OR	OR	OR
Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)
OR	OR	OR	OR	OR
Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch

Any special dietary requirements: _____

Please tick the box if you would like a copy of the completed menu to be returned home.