

Barlow Primary School – Autumn 2021 Menu Selection – WEEK 2
(week commencing 13th Sept, 4th Oct, 1st & 22nd Nov, 13th Dec)

Child's Name: _____

Please tick the selected choice for each day, £2.75 per day, £13.75 per week.



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken quesadilla with rice, with sweetcorn & green beans	Pasta Bolognese with mixed greens, & carrots and garlic bread	Sausage toad in the hole with onion gravy with creamy mashed potatoes, broccoli & Swede	(V) Cheese & tomato pizza with diced potatoes & crunchy veg sticks	Fish fingers with tomato ketchup, chipped potatoes, carrots & peas
OR	OR	OR	OR	OR
Jacket potato with Beans/tuna (Please circle one)	Jacket potato with Chicken mayo/cheese (Please circle one)	Jacket potato with tuna/vegetable chilli (Please circle one)	Jacket potato with Beans/tuna (Please circle one)	Jacket potato with Cheese/beans (Please circle one)
OR	OR	OR	OR	OR
Cheese sandwich OR Roast vegetable panini (Please circle one) Served with pasta	Tuna & cucumber sandwich OR Cheese panini (Please circle one) Served with pasta	Ham sandwich OR Ham & tomato panini (Please circle one) Served with pasta	Egg mayo sandwich OR Tuna Melt panini (Please circle one) Served with diced potato	Chicken sandwich OR Spicy chicken panini (please circle one) Served with chips
Sultana & oat cookie	Cheese & crackers	Fruit mousse	Apple & berry crumble & custard	Fruit shortcake
OR	OR	OR	OR	OR
Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)
OR	OR	OR	OR	OR
Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch

Any special dietary requirements: _____

(V) Vegetarian option

All hot lunches are served with a portion of crusty, 50/50, wholemeal or pitta bread.

Please tick the box if you would like a copy of the completed menu to be returned home.