

**Barlow Primary School – Summer 2022 Menu Selection – WEEK 3**

**(week commencing 9<sup>th</sup> May, 6<sup>th</sup> & 27<sup>th</sup> June, 18<sup>th</sup> July)**

Child's Name: \_\_\_\_\_

Please tick the selected choice for each day, £2.75 per day, £13.75 per week.



Monday	Tuesday	Wednesday	Thursday	Friday
Beef burger in a bun, chipped potatoes, grated carrot & sweetcorn	(V) Quorn Tikka Masala & rice, medley of summer vegetables,	Roast chicken with sage & onion stuffing and gravy, creamy mashed potato, summer cabbage & carrots	Homemade pork sausage roll, baked baby potatoes, baked beans	Crunchy fish bites, homemade potato wedges, broccoli, carrots & tomato ketchup
OR	OR	OR	OR	OR
Jacket potato with tuna/veg chilli (Please circle one)	Jacket potato with beans/chicken mayo (Please circle one)	Jacket potato with Cheese/tuna (Please circle one)	Jacket potato with Cheese/Bolognaise (Please circle one)	Jacket potato with Tuna/beans (Please circle one)
OR	OR	OR	OR	OR
Ham sandwich & chips OR Creamy cheese cold pasta pot (Please circle one)	Cheese sandwich & pasta OR Tuna & sweetcorn cold pasta pot (Please circle one)	Egg mayo sandwich & pasta OR Vegetable hot pasta pot (Please circle one)	Tuna & cucumber sandwich & pasta OR Chicken hot pasta pot (Please circle one)	Chicken sandwich & potato wedges OR Tomato & basil hot pasta pot (Please circle one)
Cheese & Crackers	Chocolate banana brownie	Custard cookie with apple wedge	Summer berry crumble & custard	Summer drizzle cake
OR	OR	OR		OR
Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)	Fresh fruit/yoghurt (Please circle one)
OR	OR	OR	OR	OR
Packed lunch	Packed lunch	Packed lunch	Packed lunch	Packed lunch

Any special dietary requirements: \_\_\_\_\_

(V) Vegetarian option

All hot lunches are served with a portion of crusty, 50/50, wholemeal or pitta bread. All sandwiches are served with hot vegetables or cold veg sticks and hot pasta or chips depending on the menu of the day. Pasta pots are served with hot vegetables or cold veg sticks.

Please tick the box if you would like a copy of the completed menu to be returned home.